

November 23rd, 2020

OPEN LETTER OF RESIGNATION

I have been trying to hold out until the end of my term, but sadly I cannot.

Effective December 14th, 2020, I regretfully resign from my positions as an SGFP Executive and an OMA Council Delegate.

Unfortunately, I have neither the thick skin nor the endurance required to carry on in these roles at this time. I am surely burnt out. I need a break.

Under-appreciation is one thing, but when one devotes over four hundred hours each year to represent the interests of fellow colleagues, it cuts a little too deeply when the apathy is overcome by incessant criticisms, ad hominem condemnations, and most of all, when integrity is repeatedly called into question.

I end up taking it all personally, and too many times this has intruded into my work-life balance.

Members are angry. I absolutely understand this and share their frustrations. Presently, though, I do not have the resolve to continue to absorb the misplaced resentment.

I commend and support the SGFP Executive. They are our grassroots, genuinely well-intentioned, colleagues who are exceptionally skilled in countless dimensions. They sacrifice innumerable hours, often under intolerably tight deadlines, on behalf of *all* of their members. We should feel fortunate to be represented by such a dedicated group.

Moving forward, I will fulfill my commitment to be on the RAC's Non-Fee-For-Service Primary Care Working Group, which I see as a culmination of many of my efforts. In the future, I am happy to be consulted by the SGFP and OMA, as a member, in areas where I can help.

I truly value the relationships and experience I have gained over the last several years. I hold my head high, knowing I have done a noteworthy job serving my colleagues and my profession.

I wish everyone well.

Sincerely,



Adam Stewart, MD FCFP