



## Information About Fillers

Young skin is smooth and elastic because it contains large amounts of hyaluronic acid. As we age, the amount of hyaluronic acid in the skin gradually diminishes. As a result, the skin becomes dryer, thinner and more wrinkled.

Fillers used at our clinic are a long-lasting but not permanent synthetic form of hyaluronic acid. The gel mimics the naturally occurring substance by adding volume to the skin. When fillers are injected under the surface of the skin, the gel adds volume and smooths facial lines and folds.

Different dermal filler products are used for specific areas of the face. For instance, the product which will best be suited to improve vertical lip lines where lipstick can “run” is different from the product used to smooth the folds that occur by the side of the nose or mouth. Other products are most appropriate for filling out the cheekbones or improving the contours of the lips.

The fillers that we use are created from non-animal products and have been proven safe and effective. Reactions to the products can include but are not limited to redness, swelling, and bruising. These will resolve within 2-5 days. You may apply a cold compress to the treated area, however do not expose the treatment area(s) to intense heat (like a hot tub) or cold (like an ice cube) for 7 days.

Topical freezing can be used for some areas of the face using. Please notify the clinic if you have had any reactions to this type of anesthetic.

Treatment times are about 30 minutes in length. Results are often immediate, with improvements occurring over the next two weeks. The recommended time between treatments may vary between 6-18 months.